



AHP Recovery, Rehabilitation & Therapy: Strokes & Opioid Dependence

First we will be meeting Jon as our Paramedic Katie answers a 999 call describing a patient who has possibly suffered a stroke. We follow Jons journey as he meets the multidisciplinary team (MDT) and they aid in his recovery and rehabilitation and put steps in place for long-term help.

Next we will be meeting Anya, after a car accident 2 years ago she had become dependant of opioids to help manage her pain. Her GP is concerned about her mental health and offers her options for therapy that might be helpful, particularly as she is pregnant. you will see our allied healthcare professionals using different diagnostic tools our team regularly employ and the skills our Allied Healthcare Team need to help make a difference and give the best care they possibly can to their patients.

| TIME | SCENARIO | OCCUPATION |
|---------------|---|------------------------|
| 10:00-10:03 | Welcome To the Session | |
| 10:03 - 10:22 | Paramedic Katie arrives at a patients residence after a 999 call stating a possible stroke. | Paramedic |
| 10:23 - 10:42 | Jon is admitted to the Hyper Acute Stroke Unit. | Nurse |
| 10:40 - 10:59 | The MDT talke about stoke patients, the FAST assessment and ECG's. | Paramedic, Nurse, SALT |
| 11:00 - 11:20 | BREAK 20 MINUTES | |
| 11:20 - 11:40 | Sally, a speach and language tharapist visits Jon on the ward to assess his speach and swallowing capacity. | SALT |
| 11:40 - 12:00 | Lila speaks with Dr Siva in regads to changing Jons medication after his SALT review. | Pharmacy |
| 12:00 - 12:17 | Bart a rehab nurse goes through what is going to be happening to help Jon in his recovery. | Nurse |
| 12:18 - 12:23 | What is Speach and Language Therapy? | SALT |
| 12:23 - 12:26 | What is Dietetics? | Dietitian |
| 12:26 - 12:30 | What is a ankle foot Orthosis (AFO)? | Orthotist |



**ALLIED
HEALTHCARE
MENTOR**

AHP Recovery, Rehabilitation & Therapy: Strokes & Opioid Dependence

| TIME | SCENARIO | OCCUPATION |
|---------------|--|------------------------------|
| 12:30 - 12:34 | Functional Assessment | Occupational Therapist |
| 12:35 - 13:20 | LUNCH 45 MINUTES | |
| 13:20 - 13:36 | Eleanor visits Jon on the ward to review his ability to swallow and discuss a nutritional plan. | Dietitian |
| 13:36 - 13:55 | Jon visits Mike at his clinic to review his lower limb mobility and see how he can help with his rehabilitation. | Orthotist |
| 13:55 - 14:15 | Jon next visits Phil for an assessment of his upper limbs range of mobility. | Physiotherapy |
| 14:15 - 14:30 | Ellie conducts a Activity of Daily Living Function Assessment with Jon. | Occupational Therapist |
| 14:30 - 14:45 | BREAK 15 MINUTES | |
| 14:45 - 14:54 | Arya is referred by her GP to have an MRI scan, Kevin explains the procedure to her. | Radiographer |
| 14:55 - 15:03 | Kevin goes over the results of the scan with Arya. | Radiographer |
| 15:03 - 15:20 | Due to anxiety, mood swings and depression Arya's GP also refers her to Music therapy with Kamila. | Music Therapist |
| 15:20 - 15:26 | Arya attends her 16 week anti-natal appointment with Vicki. | Midwifery |
| 15:27 - 15:41 | After struggling with music, Arya decides to try art therapy with Yasmine. | Art Therapist |
| 15:41 - 16:00 | Contemplating her pregnancy Arya engages in a drama therapy session to explore her feelings. | Drama Therapist |
| 16:01 - 16:07 | Arya attends her 21, week antenatal appointment and shares her feelings about her pregnancy. | Midwifery |
| 16:07 - 16:23 | Interview with a Mental Health Nurse | Nursing |
| 16:23 - 16:48 | Our therapists get together to reflect on the decisions around Arya's treatment. | Music, Art & Drama Therapies |
| 17:00 | END OF DAY | |

